

# Healthy lifestyles activities on curriculum

Weekly Curriculum Plan 21/08/23 to 25/08/23		Weekly Cur...	Activity	Save template	Share
WEDNESDAY 23/08/23	<p>Ext from 16/08/23 pass the ball (name recognition and physical skill)</p> <p>Ext from 16/08/23 food testing healthy foods( health and well being)</p> <p>Plan: Weekly Curriculum Plan 14 to 18 August 2023</p> <p>Weekly Curriculum Plan</p> <p>Thema 57 Aug</p>	<p>Pass the ball</p> <p>During outdoor play today the children sat around on the grass with the educator. They had a blue ball and took turns throwing it to each other back and forth to each other, and each time they threw the ball to a friend the educator asked them to say their name. Some of the children were confident in naming their peers and educators offered assistance to some of the children by asking "where is Tiam" and "can we throw to Issa" and the children would then all point to their peers. This activity helps encourage the children to develop relationships it's their peers and also verbal communication when repeating names. The children also used this as an opportunity to work on developing their muscle strength and hand eye coordination.</p> <p>Chantelle</p> <p>food testing healthy foods( health and well being)</p> <p>The educator set up a food testing stand for the children to explore and taste during outside free play. The children names the food like "watermelon, orange, berries, carrots, peas, and corn" after the educator set up a dish of fruits and vegetables. The child loved the watermelon and requested for more after the educator given them it. After that, she handed them oranges to</p>	<p>5.2 Children engage with a range of tests and gain meaning from these tests</p> <p>5.1 Children interact verbally and non-verbally with others for a range of purposes.</p> <p>4.3 Children transfer and adapt what they have learned from one context to another</p> <p>4.2 Children develop a range of skills and processes such as problem solving, inquiry, experimentation, hypothesizing, researching and investigating</p> <p>4.1 Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity</p> <p>3.2 Children take increasing responsibility for their own health and physical wellbeing</p> <p>1.1 Children feel safe, secure, and supported</p>	<p>Ext for 30.08.23 who is missing game vegetable and fruit</p> <p>Plan: Weekly Curriculum Plan 26/08/23 - 09/23</p> <p>Weekly Curriculum Plan</p> <p>Mina Oliver 18 Aug</p>	

12 /06 to 16/06 Weekly Curriculum Plan 2023		Weekly Cur...	Activity	Save template	Share
WEDNESDAY 14/06	<p>Ext from 07/06/23 exploring real vegetables</p> <p>Ext from 07/06/23 walking and balancing on the coloured steppingstones</p> <p>IO for NT Exploring the sand pit with peers (verbal and social skills)</p> <p>Plan: Weekly Curriculum Plan 05/06/23 to 09/06/23</p> <p>Weekly Curriculum Plan</p> <p>Mina Oliver 29 May</p> <p>Plan: Niamh Thiel Individual Observation Plan 2023</p> <p>Individual Observation Plan</p> <p>Mina Oliver 30 Jan</p>	<p>S- naming vegetables</p> <p>In a small group today the children continued to explore fruits and vegetables. We used the new 3d to veggies and held them up as the children shouted out their names. "Carrots" she shouted when the educator held up the carrot. They identified the tomato, and even the eggplant, but were a little stumped when it came to the capsicum. The educator said the word capsicum and the children repeated after her. This activity helped children with their decal skills but also helped to learn a bit about healthy foods.</p> <p>Chantelle</p> <p>Naming and exploring real vegetables-</p> <p>Before lunch, the children did a vegetable recognition activity while sitting at the table. The educator brought some vegetables for them to explore and touch, and she encouraged them to name each vegetable and identify its colour. Tiam and Mack named the majority of the vegetables, including "leek, carrots, peas, and onion," along with their colours, and some of the children copied and repeated the words and names. The children were given the vegetables by the educator so they could touch and feel them. The children were highly interested in the activity and actively participated.</p>	<p>5.2 Children engage with a range of tests and gain meaning from these tests</p> <p>5.1 Children interact verbally and non-verbally with others for a range of purposes</p> <p>4.2 Children develop a range of skills and processes such as problem solving, inquiry, experimentation, hypothesizing, researching and investigating</p> <p>4.1 Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity</p> <p>3.2 Children take increasing responsibility for their own health and physical wellbeing</p> <p>3.1 Children become strong in their social and emotional wellbeing</p> <p>2.4 Children become socially responsible and show respect for the environment</p> <p>1.1 Children feel safe, secure, and supported</p>	<p>Ext for 21.06.23 - sampling vegetables, tasting and textures</p> <p>Ext for 21.06.23 - balancing in the orange shells</p> <p>Plan: Weekly Curriculum Plan 19 June - 23 June 2023</p> <p>Weekly Curriculum Plan</p> <p>Chantelle Knox 12 Jun</p>	